



**MOUNT OLYMPUS SCHOOL,  
SECTOR- 47, MALIBU TOWNE, GURUGRAM**

**MOS/21-22/186/08/12/2021**

**TIMES OF INDIA MASTER CLASS PROGRAM**

Dear Parents,

Greeting!!

This is to inform you that TOI and Times NIE are inviting students of classes 9th – 12th to participate in Times Masterclass program where world-renowned spiritual gurus and life masters like Sister BK Shivani, Yog Guru Dr. Surakshit Goswami and Aryavan McSweeney will be conversing with school students and sharing their experiences and learnings on various practical issues a child can face.

There will be a total of 6 sessions (2 parts each) scheduled between Dec 11, 2021 – Jan 23, 2022, which our students can attend by registering on [www.timesmasterclass.com](http://www.timesmasterclass.com)

Once students have attended a session, they can share their learnings by participating in the “**Pen Your Learning**” contest. Some of the best entries at the city and national levels will be recognized and rewarded.

**How students can participate:**

Step 1- Students need to register for Times Masterclass sessions on [www.timesmasterclass.com](http://www.timesmasterclass.com). On registration, student will be taken to the session screen.

Step 2- Students watch the session on the portal. Registered students will get a “Certificate of Participation.”

Step 3– Students to participate in the “**Pen Your Learning**” contest by clicking on the contest button on the session screen. On clicking, the students will be redirected to a google form (<https://forms.gle/cXbcE6tgAYtv3Yzp8>)

Step 4- The students fill out the form and share their learnings from a particular session they liked most in 50-60 words and submit their entry. The last date of entry will be Jan 25, 2022.

Step 5– An esteemed panel of Senior Editors will review entries from TOI, and best entries at the city and national level will be announced in January on Times NIE and TOI online platforms

A. Top 3 entries from 16 cities will be gratified with exciting e-vouchers, along will an e-certificate

B. The top 2 national winners will win an Air Purifier along with an e-certificate

After registering, Students will receive a confirmation email containing information about joining the meeting.

NOTE: Kindly inform the class teacher after registering Times Masterclass program.

Thank you

Happy Learning!

Warm Regards

Dr. Neeti C. Kaushik  
Principal

Manisha Khanna  
Vice-Principal

# TIMES Masterclass

PRESENTS



## ABOUT TIMES MASTERCLASS

**Times Masterclass** - a multigenerational conversation between school students and spiritual masters on how to achieve mind-body-soul balance

### WHAT DO YOU GET?

- 1 Top 3 entries from 16 cities will be gratified with exciting e-vouchers along with an e-certificate
- 2 Top 2 national winners will win an Air Purifier along with an e-certificate
- 3 All valid entries will get an e-certificate of participation
- 4 Winning entries (regional & national) also stand a chance to get featured in NIE and TOI online platforms

### HOW TO PARTICIPATE

#### STEP 1

Register for Times Masterclass sessions on [www.Timesmasterclass.com](http://www.Timesmasterclass.com)

#### STEP 2

Articulate your learnings in 50-60 words and share it on



### SCHEDULE FOR TIMES MASTERCLASS SESSIONS

SESSION	SPIRITUAL MASTER	TOPIC NAME	DATES	
			Part I	Part II
1	Sister BK Shivani	Managing Relationships	11 Dec 2021	12 Dec 2021
2	Aryavan McSweeney	Managing Success and Failure	18 Dec 2021	19 Dec 2021
3	Yog Guru Dr Surakshit Goswami	Stress Management	01 Jan 2022	02 Jan 2022
4	Sister BK Shivani	Digital Detox	08 Jan 2022	09 Jan 2022
5	Aryavan McSweeney	How to Agree to Disagree	15 Jan 2022	16 Jan 2022
6	Yog Guru Dr Surakshit Goswami	Anger Management	22 Jan 2022	23 Jan 2022