



**MOUNT OLYMPUS SCHOOL  
MALIBU TOWNE, SECTOR-47, GURGAON**

MOS/21-22/204/10.01.2022

**ENRICHMENT ACTIVITY (JANUARY 2022)  
THEME : "SELF-LOVE FEST"  
Grade - IV**

Dear Parents,

Greetings!

We are celebrating Self Love Fest in the month of January with an intent to enhance students understanding about self-love and help them identify its positive effects.

**A WORKSHOP ON SELF-LOVE** will be conducted to explain importance of self-love and ways to express it.

**SELF LOVE ACTIVITY**

A "Positive Rephrasing" activity will be conducted where students have to write challenging statements about themselves and then convert those statements in positive manner.

**POSTER MAKING COMPETITION (Self Love)**

- Learners are going to make a poster on an A4/A3 sheet depicting self-love.
- Time limit : 30 min
- Judgment criteria will be: creativity, understanding of self-love, overall presentation.



Schedule for the workshop, activity and competition is given below:

Grade	Workshop		Activity		Competition		Teacher – In charge
	Day/Date	Slot/Time	Day/Date	Slot/Time	Day/Date	Slot/Time	
IV Genius	Thursday / 13.01.22	2nd / 9:40 AM	Thursday / 20.01.22	2nd / 9:40 AM	Friday/ 28.01.22	1 <sup>st</sup> / 9:00 AM	Ms. Ayushi
IV Masters	Wednesday /12.01.22	3rd / 10:40 AM	Wednesday /19.01.22	3rd / 10:40 AM			

Warm Regards

Dr Neeti C Kaushik  
Principal

Manisha Khanna  
Vice- Principal

Divya Singh  
Headmistress