



**MOUNT OLYMPUS SCHOOL
MALIBU TOWNE, SECTOR-47, GURGAON**

MOS/21-22/205/10.01.2022

**ENRICHMENT ACTIVITY (JANUARY 2022)
THEME: "SELF-LOVE FEST"
Grade - III**

Dear Parents,

Greetings!

We are celebrating Self Love Fest in the month of January with an intent to enhance students understanding about self-love and help them identify its positive effects.

A WORKSHOP ON SELF-LOVE will be conducted to explain importance of self-love and ways to express it.

SELF-LOVE ACTIVITY

A "Positive Rephrasing" activity will be conducted where students have to write challenging statements about themselves and then convert those statements in positive manner.

POSTER MAKING COMPETITION (Self-Love)

- Learners are going to make a poster on an A4/A3 sheet depicting self-love.
- Time limit : 30 min
- Judgment criteria will be: creativity, understanding of self-love, overall presentation.



Schedule for the workshop, activity and competition is given below:

Grade	Workshop		Activity		Competition		Teacher – In charge
	Day/Date	Slot/Time	Day/Date	Slot/Time	Day/Date	Slot/Time	
III Genius	Wednesday /12.01.22	4th / 11:20 AM	Wednesday /19.01.22	4th / 11:20 AM	Friday/ 28.01.22	1 ST / 9:00 AM	Ms. Ayushi
III Masters	Monday / 10.01.22	3rd / 10:40 AM	Monday / 17.01.22	3rd / 10:40 AM			Ms. Ayushi
III Champions	Thursday / 13.01.22	4th / 11:20 AM	Thursday / 20.01.22	4th / 11:20 AM			Ms. Ayushi

Warm Regards

Dr Neeti C Kaushik
Principal

Manisha Khanna
Vice- Principal

Divya Singh
Headmistress